

Fall 2008

Samaritan

Center of Puget Sound

Formerly Presbyterian Counseling Service

Providing high quality, faith-integrative, affordable counseling for individuals, couples and families throughout Puget Sound since 1960, as well as consultation, mediation and educational services for churches and organizations.

“Peace-Building” is the Theme of Samaritan’s 2008 Fundraising Event and Celebration October 29

Building on 12 years in which a dedicated group of women have raised many thousands of dollars for women in need, this year Samaritan is widening that original vision. Because each month more and more people in significant financial need come to us for counseling – women, men, youth, and families -- Samaritan’s Board of Directors has established what will be called simply “The Samaritan Fund,” open to all who truly cannot afford the cost of the care they need and require some level of fee assistance.



This year’s luncheon will be on Wednesday, October 29, at the Bellevue Hilton from 11:45 am to 1:30 pm.

Dr. David Hall, who is a child and adolescent psychiatrist whose passion is the building of peace – from the family level to the global level – will be this year’s keynote speaker. His topic is “Peace-Building: Serving a Vision of Beloved Community.” A past national president of Physicians for Social Responsibility and author of *Stop Arguing and Start Understanding*, Dr. Hall is a graduate of Harvard College and the University of Washington Medical School. Well known for his work

with highly distressed families over the past 30 years, Dr. Hall chose to associate with Samaritan Center of Puget Sound in 2007. He is pictured outside the main office at Greenlake.

“It takes time for the good work you do to soak in around you,” Dr. Hall observes. “Keep at it. Believe in it. Once you have planted the seeds of change, give them time to grow. Be tenacious. Never give up. If you meet a roadblock, find a detour. Redefine the path to your goal or reframe the goal itself. Allow yourself to know when you’re discouraged without giving in to discouragement. Temporarily retreat to thoughtfulness and creativity and to a place where you can rekindle your connection to meaning and joy.”

“I feel so confident in supporting The Samaritan Fund,” said Ron Poindexter, past board member and co-chair of this year’s fundraising event, “because of the consistently high quality of Samaritan’s staff members. They are remarkable, dedicated people with outstanding gifts and talents.”

Katie Gienapp, a current board member and former Samaritan Center psychologist, has seen how quality care translates into healing for Samaritan clients. “I know from my own experience how people who come in crisis are able to find critical support so that they can move forward with new strengths. As co-chair of this year’s event, my purpose is to see that we are able to serve more people in our community who are in need.”

Your event invitation is on the back page. To make a reservation, please use the enclosed envelope.

The Samaritan Community

Clinical Staff

Kay Abramson, MS
Marti Aitken, PhD
James Aultman, MSW
William Collins, PhD, MS
Mary Denny, Ph.D
Robert S. Erickson, MS
Steve L. Franks, MA
Sue Freeborn, JD, MA
Beth Geense, MSW
March Gunderson, MDiv, MEd
Margaret A. (Peggy) Hansen, MS
Beth Hess, MS, MSW
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Douglas Johnson, MSW
Colleen King, MC
Ron Kirstein, PhD, MDiv
Joan Krakowiak, MSW
Natividad E. Lamug, MA
Douglas K. LeRoy, MSW
Joanna McGuire, MA
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Pat Pedegana, MA
Anne Perry, EdD, MA
Michael E. Rogers, MDiv, MA
Gary O. Steeves, MEd
Beverly Shrumm, MC
Neal Teng, PhD
Lisa Thocher, MS
Lori VanderBilt, MS
David Wells, MDiv, MS
Jinah Yoon, MDiv, MSW
Dave Hall, MD

Mediation Team

Sue Freeborn, Marty Hawkins,
Michael Rogers, Gary Steeves

Clinic Providers

Robin Allen, Vicki Doud,
Jodene Glad, Esra Karaca,
Bil Kareta, MaryHelen Lewis,
Elizabeth Mackend, Ada Mak,
Michael Samsel, Leslie Savage,
Allison Spiceland, Eric Stroo,
Tita Subercaseaux, Dominique
Walmsley, and Natasha White Marsh

Locations

Seattle

Main Office (Greenlake)
Beacon Hill Presbyterian
First Presbyterian
Woodland Park Presbyterian
West Seattle

South

Family of Grace Lutheran (Auburn)
Wabash Presbyterian (Auburn)
Lake Burien Presbyterian
Steel Lake Presbyterian (Federal Way)
Washington Baptist Convention (Kent)
Renton First Presbyterian
First Presbyterian (Puyallup)
Immanuel Presbyterian (Tacoma)

North (Shoreline)

Trinity Presbyterian
St. Luke Parish

West

Rolling Bay Presbyterian
(Bainbridge Island)

East

First Presbyterian of Bellevue
St. Andrew's Lutheran (Bellevue)
Newport Covenant (Bellevue)
Overlake Park Presbyterian (Bellevue)
Redmond Presbyterian (Redmond)
Sammamish Presbyterian

Administrative Staff

Beverly Shrumm, President
Bill Collins, VP/Training & Operations
Michael Rogers, Clinical Director
Gerry Barney, VP/Finance
Emily Kelly-Peterson, Development
Peggy Hansen, Community Relations
Louise Witt, Accounting
Gale Kennedy, Reception/Bkcp/Admin
Leah Buck, Reception/Admin
Jesse Dobner, A/R & Billing
Delia Yeager, A/R & Billing
Mary Hanson-Spofford, A/R & Billing

Board of Directors

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Rev. Michael Jackson, Vice Chair
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Susan Stockdale, Secretary
Rev. Dick Erickson
Katie Gienapp
Frank Holman
Stan Saltzberg
Rev. Gary Schwab
Rev. Leland (Lee) Seese
John Shrader
Rev. Bob Vaughn

Rev. Scott Lumsden, Ex-Officio
Presbytery of Seattle

Director Emeritus

Rev. Dr. Neal A. Kuyper

Christian Communities Providing Ongoing Financial Support

Bethany Presbyterian Church
Evergreen Baptist Association
First Presbyterian of Bellevue
First Presbyterian of Kent
Lake Burien Presbyterian
Lake Washington Methodist Women
Maple Valley Presbyterian
Maplewood Presbyterian
Mt. Baker Park Presbyterian
Newport Presbyterian
Northminster Presbyterian
Overlake Park Presbyterian
Presbytery of Seattle
Rolling Bay Presbyterian
Southminster Presbyterian
University Presbyterian
Wedgwood Presbyterian
Woodland Park Presbyterian

The main office of Samaritan Center of Puget Sound is located at 564 NE Ravenna Blvd, Seattle WA 98115. We can be reached by phone at (206) 527-2266. For more information about Samaritan therapists or programs, please go to our website: www.samaritanps.org.

Resource Development

Emily Kelly-Peterson Joins Samaritan As Development Director



A friend recently asked me about my new job as Development Director at Samaritan Center of Puget Sound and about Samaritan's mission. To be honest, I had just completed my first week on the job and hadn't memorized the formal mission statement. I spoke from the heart, "This is what I know about Samaritan: It is all about offering hope and healing to individuals, families, and organizations, and thereby to the world." As I spoke those words, I felt a sense of pride and excitement to be joining a community of believers truly making a difference in this often hungry, hurting world of ours.

I join the Samaritan staff with great intention and gratitude. One of my internships during my time at Seattle University's School of Theology and Ministry was working with Beverley Shrumm to learn the ins-and-outs of executive leadership. I was impressed with Bev's leadership style, the highly competent and personable staff, and the dedication and prayerful support of the board and donors. The opportunity to return here in an official capacity is a gift in my life and I consider it a privilege to help this community develop funds and followers.

On October 29, the Samaritan community will come together for our annual Fundraising Event and Celebration (*see pages 1 and 8*). All contributions go directly to helping people in significant financial need in their search for hope and healing through Samaritan's counseling services. Please accept this invitation to join us and to make an impact on the world one person at a time.

Thank you for your support of this beloved community and the people it serves. I look forward to seeing many friends and meeting many new ones on October 29th!

-- Emily Kelly-Peterson, M.Div

Samaritan Welcomes New Administrative Staff

Leah Buck came to Samaritan from Shoreline Christian School, where she had been a receptionist and administrative assistant, in April of this year. In addition to her receptionist responsibilities at Samaritan, she provides administrative support for Beverley Shrumm and Kelly-Peterson in the area of fund development. Leah and her husband have two boys, the youngest of whom is a senior at Shoreline Christian School. Volunteering is a major commitment for her, she says, particularly at school and at the church the family attends, Reform Presbyterian Church. "Working at Samaritan feels like the right thing for me right now," Leah said. "It's a place where people care about each other and really try to accommodate another in everyday ways."



Emily
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Delia Yeager joined the staff in August as an Accounts Receivable & Billing Specialist. In addition to her extensive background in that area, she has more than 15 years experience of interacting with US Customs as an Import Specialist so she's skilled in dealing firmly with unwieldy institutions like insurance companies. She knows the value of listening, patience and clear boundaries, as well as that of amusement. Outside of work, Delia enjoys creating art through a variety of materials, especially painting and fabric arts. She grew up in Houston, Texas, with a mother who wrangled her wild, six children with the firm hand of a creative director, Delia recalls, always creating her own artwork and offering a range of artistic materials and the mandate for her children to create something wonderful every day. "I'm delighted to be using my skills here to help people for real

instead of just commercially," Delia said.

Our Heartfelt Thanks to Each of Our 2007-2008 Donors

<p>Kay Abramson Larry & Jean Armbruster Jim & Kathryn Aultman Donald & Patricia Baer Brodie Bain & Stewart Todd Lee Milli Ball Barbara Barbee-Pelzel Gerry & Pam Barney Donald & Sheila Belcher Lois Bell Peter Benson Joan & John Bernard Ruth Ann Biggers Dora Blaine Barbara Blancke David & Carol Bosworth Sandy Brooks David Brubakken Jackie Campbell Dennie Carcelli Mary Ann & Richard Careaga Heather Christensen Carla Clark James & Rachel Clifton Berta & Tom Cohen Jan & Jim Coleman Bill & Kathy Collins Carole Conger Elizabeth Cook Terry N. Dalry Phyllis & John Daniels Dolores Davis Robert DeButts Amy & Mark Delaney Mary Denny Donna DiFiore Donna Lynne Donnelly Maggie & Bill Dorsey Dorothy Driver Hutchenson LaVonne Dubois Sheri Edwards Dalton Jesse Dobner Marjorie & Vernon Elgin Nancy Ellingham Aladene Emerson Dick & Joyce Erickson Nancy Escott Ann & Duane Esslinger Lois & Almon Fish Carol Flexer Diane Fobes Linda & Brad Fowler Tom & Marybeth Fox Sandra & Charles Fredrickson Sue Freeborn Harold & Tina Freed Donna & Bob Frey-DeCou Terri Gaffney Jane Gamble</p>	<p>Mary Gates George & Marilyn Gauntlett Beth Geense Katie & John Gienapp Ann Givan Linda Glenicki Marion Goddard Jeanne Goetz Jane Graham Robert & Janeine Green Carol Greenwood Christine Gregory March Gunderson Myrna L. Hackney Midge & Ed Halberg David Hall Peggy and Earl Hansen Gail & Tom Harsh Beth & Dan Hess Lu Hilton Emily Hitchens Chris & Bill Hoffman Francis & Mary Horner Mark Houglum Karen Hoven & Robert Johnson Margaret Howard Sara Elizabeth Hyre Coventry Jankowski Charles & Majorie Jenner Sarah Jenson Lynn Johnson Doug Johnson Linda Johnson Jo Jury Shirley Kemnitz Stace Kern Dorothy Kiest Jean Kim Gary & Jan King Carol Kinsman Kathleen & Richard Kirkendall Ron Kirstein David & Naomi Kirstein Vern Kirstein Joan Krakowiak Monica Kusakabe Lois Lamb Naty Lamug Gail Lane Joyce Lang Cindy & John Larson Neoma & Bruce Lawrenson Doug LeRoy Debbie Lindhardt Mary Jo & Ben Lindstrom Robin Livingston Dorothy Longbrake William & Martha Longbrake</p>	<p>Sue Luke Kathleen Lynch Sandra and Frederick Mabbott Tessa Machle Sally & Hallie Mackey Jean & Warren McClure Marcia & David McCracken Carol McKinstry Karen & Richard McMichael Janis Medley Wally & Edith Meyers Betty N. Millea Wilma & Robert Monson Merle L. Moore Nancy Moores Celina Moreno Allen & Elizabeth Moses Deanna Murray Jerry & Helen Nash Maxine Neel Anna Joyce & Richard Nelson Inge Nichols Richard & Alice Nishioka Mary Nolting Joan Oates Kim Olmstead Kathy & Doug Paauw Johanna Padie Norma & John Patterson Linda & Robert Pauw Jane & Jack Pauw David Pearson Pat Pedegana & Arvid Fenske Linda Pederson Walter & May Pendergrass Leah Pepin Margaret Petlow Bret & Joyce Phillips Jay Williams & Ron Poindexter Barbara Post Karen Rathe Jean & Dennis Reichenbach Rosalind Renshaw Esther Rickelton Lorna & Louis Roebke Kristin Roedel Rebecca Roelle Michael & Jean Rogers Noelle Rollins John & Sharon Roos Rheta Rutherford Stan & Donna Saltzberg Konrad Schroder Judy & Gary Schwab Sandy Scudder</p>	<p>Lee Seese & Lisa Konick Ginna Seese Del & Virginia Sewall Addison & Loveta Sewell Jan Shapiro Sue Shepherd Barbara Shickich John & Joan Shrader Laurene & Val Shrauner Beverley Shrumm Mildred & Arthur Shrumm Richard Simms Ann Slater Denman & Janet Smith Evelyn & Leroy Smith Amy & Alan Spanne Margaret Squires Cynthia & Steven St. Clair Gary Steeves Tracey & Liz Steig Priscilla Stevenson Boyd & Susan Stockdale Helen Strack Ruth & William Stubbs Robert Stuckert Margarita Suarez Marge Summers Gwendolyn Sweeney Barbara Swenson Phyllis M. Swick Elaine Swigart Warren & Beverly Taylor Lisa Thocher Ray & Karen Thomas Ernestine & Anthony Thomas Vonna Thomas Terry Tripp Cora Trujillo DeeTucker Linus & Sharon Tumbleson Joyce & Ned Turner Merab Van Noy Lori & Monty VanderBilt Marion Vandermay Danna VanHorn Robert & Linda Vaughn Rosie Voyles Carole Walters Linda M. Ware Ross & Sharon Webb Susan & Bernie Weber Donald & Leanore Weber David Wells Bob & Barbara Welsh Mary Whiting Russell & Elizabeth Williams Kenneth & Janice Willis Peter Wilson Patricia Wirta Louise Witt Ann Wood Jinah Yoon</p>
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We are grateful for the financial support of these churches, foundations, businesses and organizations:

Bethany Presbyterian, Community Church of Issaquah, Bill and Melinda Gates Foundation, Dupar Foundation, Evergreen Baptist Association, First Presbyterian of Bellevue, First Presbyterian of Kent, Glaser Foundation, Inc., Lake Burien Presbyterian, Lake Washington Methodist Women, Lucky Seven Foundation, Maple Valley Presbyterian Women, Maplewood Presbyterian, Microsoft Matching Gift Program, Mount Baker Park Presbyterian, Newport Presbyterian, Northminster Presbyterian, Overlake Park Presbyterian, Park Shore Retirement Community, Presbytery of Seattle, Rainier Beach Presbyterian, Rolling Bay Presbyterian, Safeco Insurance Foundation, Southminster Presbyterian, Stewardship Foundation, University Presbyterian, Washington Mutual Matching Gift Program, Wedgewood Presbyterian, Wisconsin Youth Soccer Association, Woodland Park Presbyterian.

Samaritan Center of Puget Sound

Financial Summary

Fiscal Year Ending March 31, 2008 (in \$000s)

Statement of Changes

Agency Service Income	\$2,037.2
Contributions	164.9
Non-Operating Income	<u>26.4</u>
Total Income	<u>\$2,228.5</u>
Program Services	\$1,827.7
Management & Administration	294.7
Fundraising & Public Relations	<u>49.3</u>
Total Expenses	<u>\$2,171.7</u>
Change in Net Assets	<u>\$56.8</u>

Balance Sheet Summary

ASSETS

Cash & Investments	\$602.2
A/R & Current Assets	229.3
Net Fixed Assets	<u>610.4</u>
Total Assets	<u>\$1,441.9</u>

LIABILITIES & NET ASSETS

A/P & Current Liabilities	\$354.7
Long Term Liabilities	0.0
Designated Funds	187.0
Restricted Funds	51.1
Restricted Real Property	600.0
Net Operating Reserves*	150.0
Unrestricted Net Assets*	<u>99.1</u>
Total Liabilities & Net Assets	<u>\$1,441.9</u>

*Due to agency growth, \$90,000 of the Unrestricted Net Assets will be moved to Net Operating Reserves to meet the accreditation standards of Samaritan Institute.



Highlights of the Fiscal Year 2007-2008

- 21,390 counseling hours were provided in 21 locations, including 2,612 hours through our low-income clinic and 618 hours of non-clinical service.
- More than half our clients needed fee assistance in order to get the help they need.
- Samaritan's Annual Luncheon raised \$24,242 to serve low-income women and their families.
- Nine denominations invited us into their faith communities this year to provide consultation and educational services.
- Former Director Doug Anderson led the Second Tuesday Continuing Education series, exploring "The Soul as Child" as our clinical staff continued to deepen their understanding of the integration of faith and psychotherapy.
- The addition of staff who are experienced in child and family therapy enabled us to serve an increasing number of children, youth and their families.

Joining Samaritan This Past Fiscal Year



Gerry Barney
VP/ Finance



Mary Hanson-Spofford
A/R & Billing



Joanna McGuire MA
Child and Family Therapist



Dr. David Hall
Child and Adolescent
Psychiatrist

When Conflict Looms: Fight? Flight? Try Dialogue!

By Marty Hawkins

With football season upon us, we can look to legendary college coach Woody Hayes to help understand how to avoid potential conflicts. Hayes was famous for his conservative, run-oriented approach. When asked why his Ohio State Buckeyes didn't pass the football more, how now-famous reply was: "When you throw the ball, three things can happen and two of them are bad." While Hayes couldn't be called a model conciliator, his comment suggests a reality about responding to situations of potential conflict: there are three ways to respond and two of them are bad.



us

Fight -- This approach features any attempt to "win" at the expense of the other person. Attacking, arguing, criticizing, ridiculing and using sarcasm are a few of the ways we fight.

Flight -- Sometimes we become "conflict avoiders" and refuse to deal with a situation. We simmer inside but say or do nothing. Often we see ourselves as victims and the other persons as villains. Even worse, we attempt to validate our own point of view by complaining the third parties but being silent to those actually involved.

These clearly are the two "bad" approaches. Think about the last time "fighting" turned out to be effective for you. Most often, it drives folks even further apart. And the best we can hope for in choosing "flight" is that the problem will just go away. How often does *that* happen?

Dialogue -- This is best choice. Dialogue means "talking it over" with the goal of finding a mutually satisfactory solution. Dialogue means getting all the information out in the open. Dialogue means listening as much as talking. Dialogue means an earnest attempt to reach a shared understanding of what's happening – and a commitment to a good outcome for all. Dialogue works – in relationships, families, in the work place or anywhere where people interact.

How to *begin* dialogue and *stay* in dialogue is beyond the scope of this short article. However, anyone can increase his or her effectiveness significantly by choosing dialogue over fight or flight. It's worth learning!

Samaritan's Mediation Team which is made up of trained conflict resolution professionals provides training, coaching and mediation for individuals, organizations, churches and groups. For more information, call 206-957-4696 or go to our website at www.samaritanps.com.

New Staff

Psychologist Ellen Paek Joins Samaritan Staff



Ellen Paek is joining the Samaritan clinical staff in mid-September. A licensed psychologist, Ellen will see clients on the Eastside at Sammamish Presbyterian Church and at the main office at Greenlake. She completed her doctorate from New York University in 2004. Her dissertation, "Religiosity and perceived emotional intelligence," was recently published in the *Journal of Personality and Individual Differences*.

Ellen's clinical experience includes providing individual and family therapy in culturally diverse settings, as well as conducting neuropsychological assessment and working with individuals coping with traumatic brain injury and other rehabilitation needs. Regarding her new position at Samaritan, Ellen said, "I am honored and blessed to join the staff at Samaritan where individuals are cared for holistically. I look forward to serving and growing in this community." Ellen and her husband are the proud parents of two young children. They attend Lighthouse Christian Church in Bellevue where Ellen also teaches in the Children's Ministry.



Formerly Presbyterian Counseling Service

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Newsletter Editor: Peggy Hansen
Contact: phansen@samaritanps.org

Readers are welcome to reprint
newsletter articles. Please credit
our writers and Samaritan Center.

This is your invitation to attend Samaritan Center's *Annual Fundraising Event and Celebration*

Wednesday, October 29, 2008

11:45 a.m. to 1:30 p.m. Bellevue Hilton Hotel -- 300 112th Ave. S.E.

Keynote Speaker: Dr. David Hall

"Peace-Building: Serving a Vision of Beloved Community"



"The essence of healthy spirituality is to know that every one of us is a beautiful, lovable, precious child of Creation. Out of this knowledge we are able to accept and value others and ourselves. Bad things always happen when we fail to recognize each other's inherent worth."

-- Dr. David Hall in *Stop Arguing and Start Understanding*

Cost of the luncheon is \$45 and those attending will be asked to make a meaningful contribution to "The Samaritan Fund" which provides fee assistance for those in significant financial need.

We hope that you'll come!